



## Earn a \$20.00 Walmart Gift Card!

It is important for your child to attend the program daily. He/she must attend the program **Monday thru Friday** for a **minimum of 6 hours** a day to benefit from the learning opportunities that prepare him/her for pre-school and to retain enrollment in the program. The Office of Head Start expects children to be present at least **85%** of the time. We will award a **\$20.00 gift card** from Walmart to families that have children with **Perfect Attendance**, until funds are exhausted.

# Choice

## DALLAS CAREER FAIR

Wednesday, August 23, 2017

11:00 AM - 2:00 PM

Doubletree Hotel - 2015 Market Center Blvd., Dallas, TX 75207



### A word from Araceli Paniagua, EHS-CCP Director

#### Do You Know the Importance of In-Kind Services in Early Head Start?

As a grantee of the Early Head Start – Child Care Partnership (EHS-CCP) grant, the Office of Head Start requires us to raise over **\$318,310** of in-kind contributions every year. One type of in-kind contribution is the donation of your **TIME**. When you spend time doing fun activities with your child at home, you help him/her prepare for school and you help us meet our yearly in-kind contributions. Your child's teacher will give you a Parent Weekly Activity Form – Extension of Frog Street Curriculum to record the activities that you complete with your child each day. We highly encourage parents to spend time with their children during pick up time at the center. If you spend 30 minutes per day (Monday – Friday) with your child for 48 weeks, we can raise about **\$1,200** per year. If all 72 children participate with their parents, we can raise about **\$86,400** per year! Let us work together to meet your child's school readiness goals!



### Wee Can Academies Parent Meetings

(Round Table)

August 17, 2017 (Grant East)

August 24, 2017 (Pleasant Grove)

4:30 p.m. – 5:30 p.m.

**DON'T  
MISS YOUR  
CHANCE  
TO WIN!**



**Hours of Operation: 7:00 a.m. – 6:00 p.m.**

### Wee Can Academy Grant East

2901 Morgan Drive

Dallas, TX 75241

972-325-7979

Pictra Payne, Child Care Manager



### Wee Can Academy Pleasant Grove

1227 North Masters Drive

Dallas, TX 75217

972-325-7983

Sylvia DeLeon, Asst. Director

Cora Norman, Family Services Specialist

cnorman@ser-national.org



# Wee Can Academies Bulletin

August 2017



## We're Going Back To School



### Child Development

In early education, we regularly talk about how important it is to get children ready for school. So ... what do they need to learn? Infants are born with a natural ability to communicate and they are constantly telling us what they need. They tell us when they are hungry, when they are sleepy, or if they need their diaper changed. When we respond to the needs of infants and toddlers, they increasingly get better at telling us what they need. Babies start learning the minute you begin to talk and smile at them. If you lay them down on a surface, they will begin to move their legs, their arms and head all at once. They will eventually begin to look at their hands, and then they will deliberately begin to put their fist in their mouth. Babies naturally initiate this learning, but they need your support. If they are always in a bouncy chair or car seat, they will never get to practice moving their whole body. Learning is also a need, and children begin to tell us they are bored during their second month. Babies and toddlers constantly initiate their learning, and it is very important for us to watch them closely so that we can understand what they are trying to do. We also need to familiarize ourselves about the stages of development so that we can begin to understand what to look for when we watch them closely. Infants and toddlers initiate their learning when we let them do things for themselves. They need toys that are safe for their age, a safe place to play, and they need your support to get it done.

# What is a Well-Child Care Visit?

A well-child care visit to the doctor is recommended by the American Academy of Pediatrics (AAP) that focuses on age appropriate milestones, including nutrition, safety, social and emotional well-being.

## What are the benefits?

- Prevention. Your child gets scheduled immunizations to prevent illness. You also can ask your pediatrician about nutrition and safety in the home and at school.
- Tracking growth and development. See how much your child has grown in the time since your last visit, and talk with your doctor about your child's development. You can discuss your child's milestones, social behaviors and learning.
- Raising concerns. Make a list of topics you want to talk about with your child's pediatrician such as development, behavior, sleep, eating or getting along with other family members. Bring your top three to five questions or concerns with you to talk with your pediatrician at the start of the visit.
- Team approach. Regular visits create strong, trustworthy relationships among pediatrician, parent and child. The AAP recommends well-child visits as a way for pediatricians and parents to serve the needs of children. This team approach helps develop the optimal physical, mental and social health of a child.

Well-Child Checkups and Immunizations/Vaccinations											
	Birth	1 Month	2 Months	4 Months	6 Months	12 Months	15 Months	18 Months	19-23 Months	2-3 Years	4-6 Years
Immunizations		Well-Child Checkup	Well-Child Checkup		Well-Child Checkup	Well-Child Checkup					
Hepatitis B	Hep B	Hep B				Hep B					
Rotavirus			RV	RV	RV						
Diphtheria, Tetanus, Pertussis			DTap	DTap	DTap			DTap			DTap
Haemophilus Influenzae Type B			Hib	Hib	Hib		Hib				
Pneumococcal			PVC	PVC	PVC		PVC <sup>1</sup>				
Polio		IPV	IPV			IPV					IPV
Influenza									Influenza (Yearly) <sup>2</sup>		
Measles, Mumps, Rubella						MMR					MMR
Varicella						Varicella					Varicella
Hepatitis A							HepA, 2 doses <sup>1</sup>				

Shaded boxes indicate the vaccine can be given during shown age range.

# The Important Role of Dad

By Dr. Gail Gross



**Fathers are central to the emotional well-being of their children; they are capable caretakers and disciplinarians.**

Studies show that if your child's father is affectionate, supportive, and involved, he can contribute greatly to your child's cognitive, language, and social development, as well as academic achievement, a strong inner core resource, sense of well-being, good self-esteem, and authenticity.

## How fathers influence our relationships.

Your child's primary relationship with his/her father can affect all of your child's relationships from birth to death, including those with friends, lovers, and spouses. Those early patterns of interaction with father are the very patterns that will be projected forward into all relationships...forever more: not only your child's intrinsic idea of who he/she is as he/she relates to others, but also, the range of what your child considers acceptable and loving.

Further, children who are well-bonded and loved by involved fathers, tend to have less behavioral problems, and are somewhat protected against alcohol and drug abuse. Yet when fathers are less engaged, children are more likely to drop out of school earlier, and to exhibit more problems in behavior and substance abuse. Research indicates that fathers are as important as mothers in their respective roles as caregivers, protectors, financial supporters, and most importantly, models for social and emotional behavior. In fact, a relatively new structure that has emerged in our culture is the stay-at-home dad. This prototype is growing daily, thanks in part to women's strong financial gain, the recent recession, increase in corporate lay-offs, and men's emerging strong sense of self.